

Make 'n Take



Name of Make 'n Take: Four Seasons

Theme and Topic: Traditional Teaching: Circle of Life and the Sacred Number

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Name of School: Ocean Man Education Centre – Ocean Man First Nation

Grade: Kindergarten

Date: March 1, 2010

Materials:

White Bristol Board	Scissors
Stick on Letters	Glue
Markers	Sequins
Brown felt	Blue Tissue Paper
Flower Buttons	Yellow Foam

Booklet- Indian and Northern Affairs Canada. *The Learning Circle: Classroom Activities on First Nations in Canada. Ages 4 – 7.* (OTC Kindergarten to Grade 12 Treaty Resource Kit)

Procedure:

1. Teach what a circle is – A circle has no beginning and no end. Show pictures of circles. Draw circles. Talk about “Circle of Life” in connection with the 4 Seasons.
2. Teach Sacred Number 4 – 4 Seasons. What are they? Winter, Summer, Spring, Fall. Show a set of pictures of the seasons. Have students tell you which season goes with which picture.
3. Use resource Booklet- Indian and Northern Affairs Canada. *The Learning Circle: Classroom Activities on First Nations in Canada. Ages 4 – 7.* (OTC Kindergarten to Grade 12 Treaty Resource Kit) Share the main facts of each of the seasons.

4. Spring – Birth and renewal. A baby animal is born. Spring is the season of new beginnings. Ask the children to describe what is happening during Spring. Take a walk around the school yard to see new beginnings. Leaves coming out, new flowers, grass growing.
5. Summer – Is important for hunting and gathering food. Summer was also the time for games. Entertainment and Social Gatherings.
6. Autumn (Fall) – Continued collecting of food items, prepared for Winter.
7. Winter – Cold temperatures. Heavy snowfalls and blizzards threatened the survival of First Nations people who were confined to their homes.
8. For P.E. - A Tree's Feeling. Have students stand up and wave like trees in a Spring breeze, Autumn windstorm, Summer leaves and birds' nests, a Winter storm with heavy snow.
9. Health – Gather food. Get berries, plants, edible roots and place them around the room for students to gather.
10. Math – Counting to 4. Sets of 4. Printing 4.
11. Art – Circle of Life. Seasons Craft.
 1. Cut a circle out of white bristol board
 2. Divide into 4 and glue on pipe cleaners to divide into 4 sections
 3. Label at top – 4 Seasons, using stick on letters
12. On top left corner, have students use cotton balls to make a snowman. Use black markers to make a hat and arms. Use sequins to make eyes and buttons.
13. On top right corner, do Spring scene. Cut trees out of brown felt and glue on. Use sequins to glue on buds. Also, use a green marker to draw on buds. Draw on green grass and put a little bit of cotton for snow still melting. Use blue marker to do rain drops.
14. On bottom right corner, do Summer scene. Glue on a felt tree and put on sequin leaves, drawn on leaves. Use buttons for flowers and string for stems. Draw on leaves. Cut a sun out of yellow foam and glue on.
15. On bottom left corner, do Autumn scene. Glue on a brown felt tree. Draw different colored leaves falling to the ground and on the ground.
16. Help students label each of the seasons.
17. Follow up Activity.

Do same circle and have the students draw what they like to do in each season, their favourite activity.